



Wildcat Dual Sport Athlete

A dual sport athlete is an athlete that chooses to participate in two sports within the same season. This combination could be but is not limited to:

- VB/XC
- FB/XC
- BB/WR
- TK/GF

While West Lyon wants to encourage students to participate in many activities, it also wants to protect our coaches and athletes from decisions that can have a negative impact on the individuals or the team.

If a student wants to be a dual sport athlete, there will be a pre-season meeting with the athlete, parents, two coaches involved, and the Athletic Director. During this meeting, the athlete will be asked to declare one of the two sports as their Primary sport. The other will then become their secondary sport. After that decision, a calendar will be gone through and each individual will have an understanding of the athletes' schedule.

Primary Sport - This will be the sport in which the athlete will participate 100% of the time. Competitions and practices will take priority over any of the secondary sports' competitions or practices.

Secondary Sport - This sport will only be participated in if the primary sport does not have practice or competitions.